

Supplementary File 1

Table S1. Questions directed to the patients concerning their CAM use.

Questions directed to all patients, part 1
Have you used the following method/methods for psoriasis? If yes, which one(s)?
Questions directed to the patients with a history of CAM use
In what year of your disease and under what conditions did you use this method?
How long did you use this method? Did you simultaneously continue medical therapy recommended by your physician?
How did you learn about this treatment method?
Did your physician ask you whether you used any CAM method? If not, did you tell your physician that you used CAM? If yes, how did he react?
Why did you choose to undergo CAM?
Did this treatment have a positive effect on your psoriasis? If yes, to what extent?
Would you recommend CAM methods to other psoriasis patients?
Do you know the occupation and education/training level of the CAM practitioner?
Questions directed to the patients without a history of CAM use
What do you think about CAM?
Would you be willing to undergo CAM treatment for your psoriasis in future?
Questions directed to all patients, part 2
What do you think about Sivas Kangal Balıklı Göl?
If there any food/beverage/habit that worsens your psoriasis?
Have you ever followed a gluten-free diet? If yes, did it have a positive effect on your psoriasis?

CAM = complementary and alternative medicine